



Why Forests are Important and How You Can Help?

Forests are essential to sustaining a healthy environment. They purify our air, support biodiversity by providing critical habitats for countless species, and play a vital role in regulating the global climate.

FORESTS ARE ESSENTIAL FOR OUR AIR QUALITY



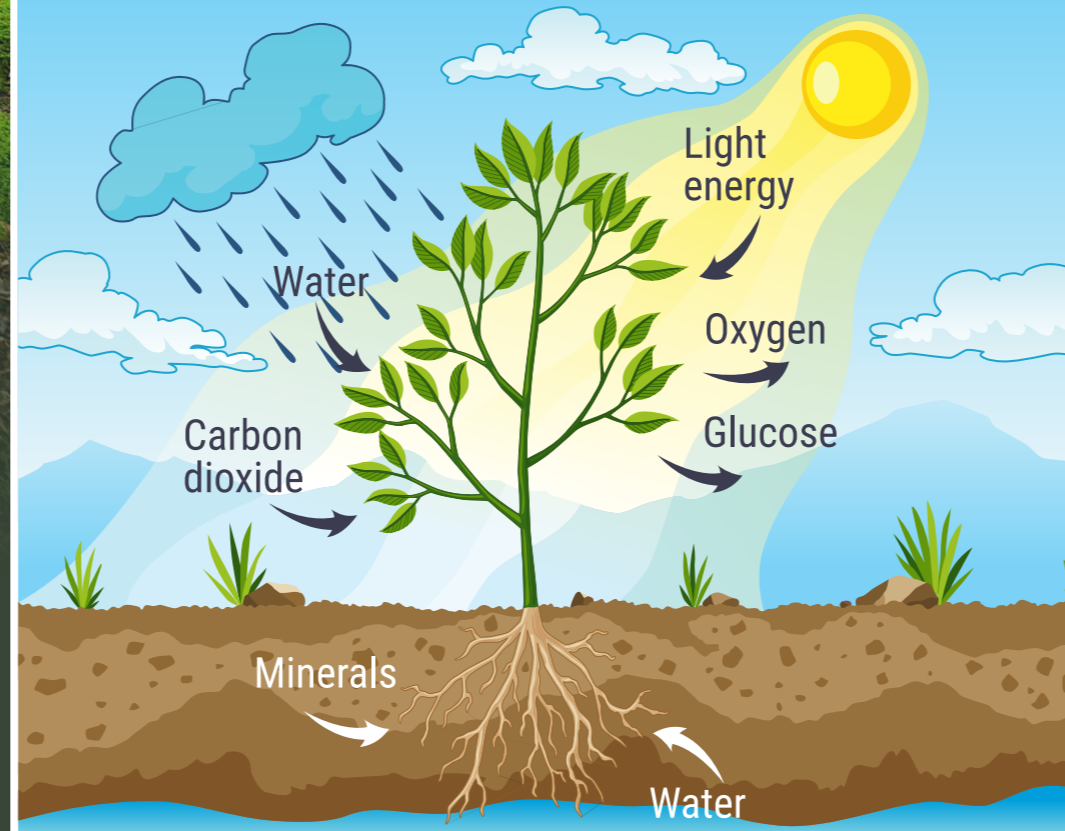
Air Quality: Forests absorb harmful carbon dioxide and release oxygen, contributing to cleaner air. Forests produce around 28% of the oxygen we breathe.



Biodiversity: They serve as habitats for a diverse range of wildlife, helping to preserve ecosystems.



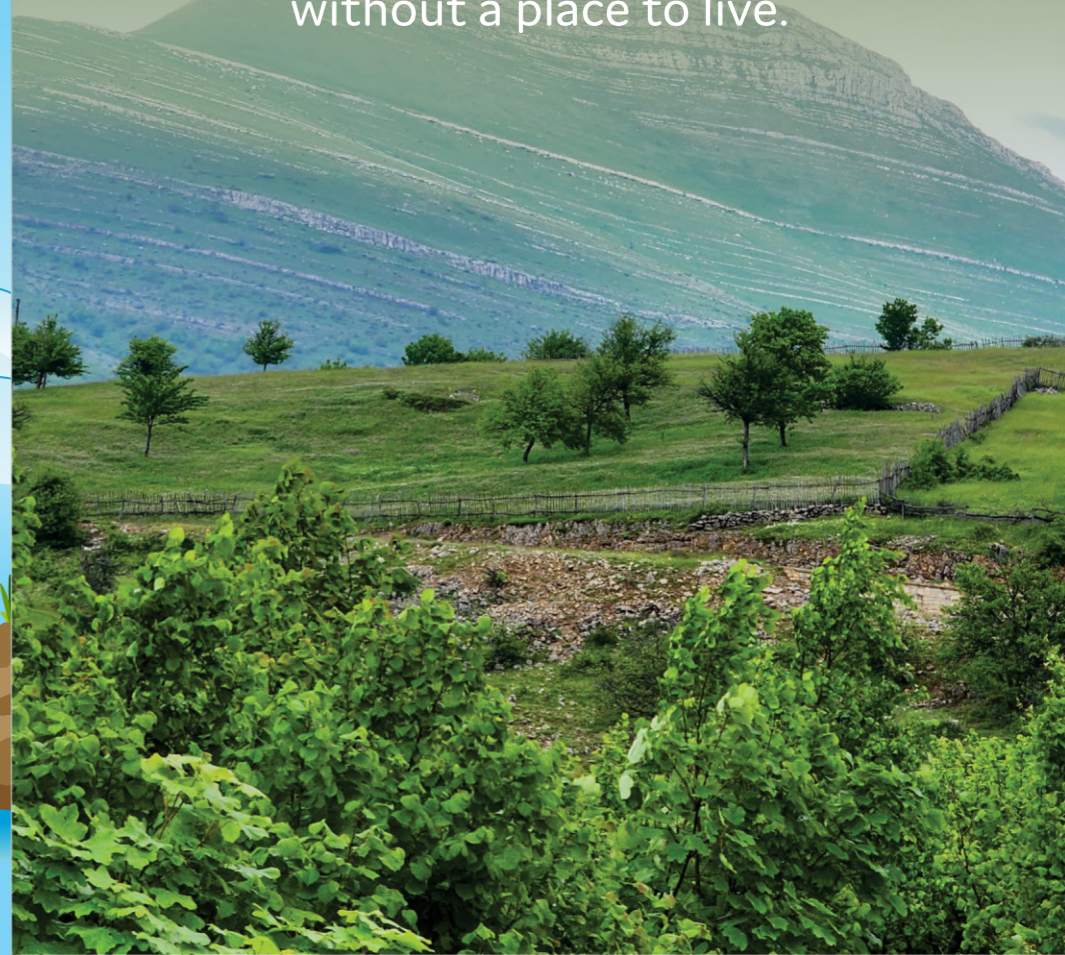
Climate Regulation: Forests help mitigate climate change by storing carbon and influencing local weather patterns.



A Home for Wildlife

Forests are home to a wide variety of animals, from small insects to large mammals like brown bear (*Ursus arctos*), Balkan lynx (*Lynx lynx balcanicus*), roe deer (*Capreolus capreolus*) and many more.

These animals rely on forests for shelter and food. If forests disappear, so will their habitats, leaving many species without a place to live.





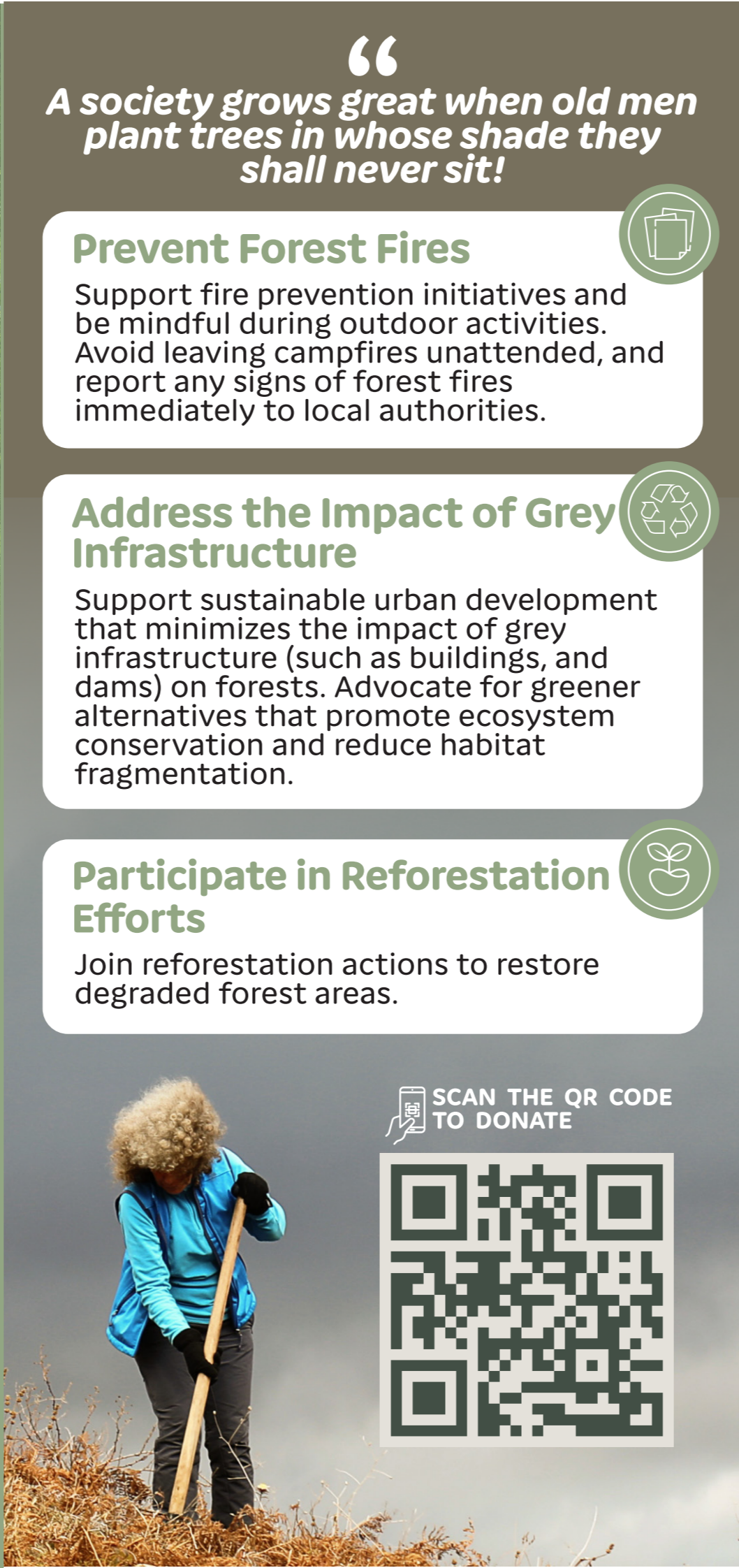
Forests Keep Water Clean

Forests serve a critical function in preserving water quality by filtering rainwater that ultimately replenishes rivers and lakes. These freshwater resources are essential for the sustenance of humans, wildlife, and plant life, highlighting the indispensable role of forests in ecosystem health and water management.

The Medicinal Value of Forests

Forests are home to a diverse array of plants that serve medicinal purposes, ranging from traditional herbal remedies to contemporary pharmaceuticals.

These natural resources provide significant healing benefits for humanity. By protecting forests, we not only preserve biodiversity but also protect our health and well-being.



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A society grows great when old men plant trees in whose shade they shall never sit!



Prevent Forest Fires

Support fire prevention initiatives and be mindful during outdoor activities. Avoid leaving campfires unattended, and report any signs of forest fires immediately to local authorities.



Address the Impact of Grey Infrastructure

Support sustainable urban development that minimizes the impact of grey infrastructure (such as buildings, and dams) on forests. Advocate for greener alternatives that promote ecosystem conservation and reduce habitat fragmentation.



Participate in Reforestation Efforts

Join reforestation actions to restore degraded forest areas.

SCAN THE QR CODE TO DONATE



SMALL ACTIONS, BIG IMPACT

Unsustainable logging poses one of the greatest threats to Albania's forests, leading to habitat loss, soil erosion, and reduced water quality. When forests are logged without regulation, we lose invaluable biodiversity and risk long-term environmental damage that affects communities across the nation.

Albania's forests are a critical component of our nation's natural heritage and protecting forests starts with each of us.

Encourage others to understand the value of forests, and inspire action within your community.



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